



DIABETES & CAD FLOW CHART

Patient's Name _____

D.O.B. _____

Enter Date Completed

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Date of Comprehensive Medical History and Medical Exam _____

Patient Evaluation & Assessment (Annually unless otherwise specified)							
Weight	Each visit	Target:					
Blood Pressure	Each visit	Target:					
Complete Foot Exam	Each visit						
Neurological Exam	Evaluation of Pulses						
Skin Examination of all injection sites Each visit							
Psychosocial Assessment/Behavioral Issues/ Depression Each visit							
Laboratory Evaluation (Annually or as indicated)							
HbA1c	Every 3-6 months						
Complete Lipid Panel (Cholesterol, Triglycerides, LDL Cholesterol, HDL Chol)							
Urinalysis and Measure of Urinary Microalbumin							
Serum Creatinine in adults; FBS, TSH							
EKG (Adults) Initial Visit & PRN							
Assessment of Ventricular Function 2-D ECHO or RNVG Record Ejection Fraction							
Drug Therapy & Immunizations							
ASA daily if not contraindicated If contraindication, Clopidogrel is considered							
ACE Inhibitor if EF <40% OR Contraindication is noted							
Beta Blocker post MI or contraindication is noted							
Annual Influenza (Flu) & Pneumococcal Vaccine							
Management Plan & Patient Education							
Self Glucose Monitoring/Review results each visit							
Assess Tobacco utilization/exposure to second-hand smoke at every visit							
Smoking Cessation Therapy is prescribed							
Assess Physical Activity: Establish Exercise Plan							
Alcohol Usage Discussion							
Foot Care							
Diabetes Classes One time & PRN							
Specialty Referrals							
Ophthalmologist/Optometrist	Dilated Eye Exams						
Endocrinologist/Nephrologist As indicated							
Cardiology Consult (Recommended for New York Heart Classification III or IV, if ejection fraction < 40%, CHF or syncope)							
Diabetes Educator As needed							
Nutritional Counseling as indicated for weight reduction, cholesterol reduction or hypertension reduction							
Cardiac Rehab Programs (Consider for moderate-to-high risk patient)							
Podiatrist/Foot Care Specialist As indicated							
Provider's Initials							

This Combination flow chart is a TOOL to be used in conjunction with both the "Practice Guidelines for Diabetes Care and Coronary Artery Disease" (at the discretion of each individual physician). The Flow Chart was developed by the Medical Society of Delaware's Uniform Guideline Physician Committee for Diabetes in collaboration with the Delaware Diabetes Coalition.

Key Patient Outcomes are Highlighted.

4/25/06