



DIABETES, CHF & CAD FLOW CHART

Patient's Name _____

D.O.B. _____

Enter Date Completed

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Date of Comprehensive Medical History and Medical Exam _____ Assessment of Ventricular Function: _____

Patient Evaluation & Assessment (Annually unless otherwise specified)

Weight <i>Each visit</i>	Target:						
Blood Pressure <i>Each visit</i>	Target:						
Complete Foot Exam <i>Each visit</i>							
Neurological Exam <i>Evaluation of Pulses</i>							
Skin Examination of all injection sites <i>Each visit</i>							
Psychosocial Assessment/Behavioral Issues/ Depression <i>Each visit</i>							

Laboratory Evaluation (Annually or as indicated)

HbA1c <i>Every 3-6 months</i>							
Complete Lipid Panel (<i>Cholesterol, Triglycerides, LDL Cholesterol, HDL Chol</i>)							
Urinalysis and Measure of Urinary Microalbumin							
Lytes, BUN, Serum Creatinine; FBS, TSH, CBC and Liver Function Tests							
CXR and 12-Lead Electrocardiogram (Adults) Initial Visit & PRN							
Assessment of Ventricular Function <i>2-D ECHO or RNVG</i> <i>Record Ejection Fraction</i>							

Drug Therapy & Immunizations

ASA daily <i>if not contraindicated</i> If contraindication, Clopidogrel is considered							
ACE Inhibitor if EF <40% OR Contraindication is noted							
Beta Blocker post MI or contraindication is noted							
Annual Influenza (Flu) & Pneumococcal Vaccine							

Management Plan & Patient Education

Self Glucose Monitoring/Review results each visit							
Fluid Management: <i>Instructions for daily weights, Establish/Monitor fluid limits</i>							
Sodium Restriction: <i>Define and quantify amount of salt</i>							
Assess Tobacco utilization/Smoking Cessation Therapy is prescribed							
Assess Physical Activity: Establish Exercise Plan							
Alcohol Usage Discussion							
Diabetes Classes <i>One time & PRN</i>							

Specialty Referrals

Ophthalmologist/Optometrist Dilated Eye Exams							
Endocrinologist/Nephrologist <i>As indicated</i>							
Cardiology Consult (<i>Recommended for New York Heart Classification III or IV, if ejection fraction < 40%, CHF or syncope</i>)							
Nutritional Counseling <i>as indicated for weight reduction, sodium restrictions, cholesterol reduction or hypertension reduction</i>							
Diabetes and/or Cardiac Educator <i>As indicated</i>							
Cardiac Rehab Programs (<i>Consider for moderate-to-high risk patient</i>)							
Podiatrist/Foot Care Specialist <i>As indicated</i>							

Provider's Initials

This Combination flow chart is a TOOL to be used in conjunction with both the "Practice Guidelines for Diabetes Care and Coronary Artery Disease" (at the discretion of each individual physician). The Flow Chart was developed by the Medical Society of Delaware's Uniform Guideline Physician Committee for Diabetes in collaboration with the Delaware Diabetes Coalition.

Key Patient Outcomes are Highlighted.

4/25/06